

# Letter to parents regarding RSE and health education

**Nether Stowe School  
St Chads Road  
Lichfield  
Ws13 7NB**

## **RE: RSE and health education at Nether Stowe School**

Dear parent/ carer/ guardian,

Government guidelines outline that, from the age of 11, it is compulsory for all schools to provide an RSE and health education curriculum.

At our school, we believe that it is important to provide our students with a thorough and balanced curriculum, including age-appropriate information about sex and relationships.

The details of what will be taught to the various year groups is detailed in the ATLP's RSE and Health Education Policy, which can be accessed on the ATLP's website which the school website links to, or in hard copy via our school office.

Though schools must provide RSE and health education for students from the age of 11, up until the age of 19, only aspects of the science national curriculum are compulsory for students to learn. Therefore, as parent/ carer/ guardian, you are entitled to request that the child in your care be removed from sex education lessons up to and until three terms before they turn 16-years-old. After that point, if the student wishes to receive sex education, the school will make arrangements to provide them with sex education during one of those terms.

Requests for withdrawal should be submitted in writing to myself, the headteacher, who will discuss this with you and your child's teacher and determine an appropriate substitute for these lessons. In most instances, children will be provided with self-directed reading or exercises which they can complete under the supervision of a trainee teacher.

If you have any concerns or queries about your child's participation in these lessons, please do not hesitate to contact either myself or your child's class teacher to discuss these.

Yours sincerely,

**Mrs Marie George**

**Acting Headteacher**

[Click Here to access government guidance on understanding relationships, Sex and Health Education.](#)