

Parents and Carers,

As a part of your child's education at Nether Stowe School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education program. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that the government has made Relationships and Sex Education (RSE) statutory in all secondary schools from September 2020. Throughout the year your child will be taking part in lessons which will focus on the Relationships and Sex Education (RSE) aspect of this program. RSE lessons will include teaching about: Healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world. PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our PSHE curriculum along with the RSE school policy. All PSHE teaching will take place in a safe learning environment and is underpinned by our school ethos and values.

If you wish to find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home, or equally if you have any concerns you wish to share with us, please do not hesitate to contact me at school.

Yours sincerely,

Marisa Westaway

Associate Assistant Head Personal Development