



PSHE Curriculum Map

 Sex and Relationships

 Health and Wellbeing

 Living in the Wider World

	Autumn Term	Spring Term	Summer Term
Year 7	<p style="text-align: center;">Building Relationships</p> <ol style="list-style-type: none"> 1. Why is PSHE Important 2. Building Friendships 3. Resilience – emotions and falling out. 4. Bullying or banter? 5. Cyberbullying 6. Family relationships 7. Personal relationships 	<p style="text-align: center;">Healthy Body</p> <ol style="list-style-type: none"> 1. What is Puberty 2. Puberty Girls 3. Puberty Boys 4. Puberty - Girls and Boys individual sessions 5. Puberty and hormones 6. Keeping my body healthy 7. Keeping my mind healthy 	<p style="text-align: center;">My future in the Wider World</p> <ol style="list-style-type: none"> 1. Morrisby Careers – what is work 2. Thinking about jobs 3. Goals for the future 4. Raising aspirations 5. What are our laws and rights 6. Who keeps us safe 7. Teamwork and enterprise skills
Year 8	<p style="text-align: center;">Understanding Relationships</p> <ol style="list-style-type: none"> 1. Peer Pressure 2. Prejudice and Stereotyping 3. Online safety (sending indecent images) 4. Grooming 5. Underage Sex 6. Sexuality/Gender identity 7. Domestic/physical/verbal abuse 	<p style="text-align: center;">Healthy Lifestyle</p> <ol style="list-style-type: none"> 1. Balanced lifestyle – outside of school 2. Importance of sleep 3. Balance diet 4. Physical health and hygiene 5. Vaping and smoking 6. Legal and illegal drugs 7. Cancer and bereavement 	<p style="text-align: center;">My place in Britain</p> <ol style="list-style-type: none"> 1. What does it mean to be British? 2. Democracy 3. Freedom and Human rights 4. Hate Crimes 5. Employment law and discrimination 6. Morrisby Careers 7. Goals for the future.
Year 9	<p style="text-align: center;">Physical Relationships</p> <ol style="list-style-type: none"> 1. Good Sex 2. Child Exploitation 3. Contraception 4. STI's 5. Consent 6. Pregnancy, Miscarriages and abortions 7. Pornography 	<p style="text-align: center;">Healthy Mind</p> <ol style="list-style-type: none"> 1. What is mental health? 2. Body positivity 3. Anxiety and Stress 4. Depression 5. Self-harm and eating disorders 6. Technology addictions 7. Communicating emotions and seeking help. 	<p style="text-align: center;">Living in the Wider World</p> <ol style="list-style-type: none"> 1. The cost of living 2. Income and Taxes 3. Creating a budget 4. Credit, loans and debt 5. Avoiding scams 6. LMI 7. Morrisby Careers – First job expectations.
Year 10	<p style="text-align: center;">Being Safe in Relationships</p> <ol style="list-style-type: none"> 1. Sex and consent 2. Dangers of Grooming 3. Harassment and Stalking 4. Revenge porn and porn addiction 5. Extremism and PREVENT 6. Same sex relationships 7. Forced/arranged marriage/FGM/child exploitation 	<p style="text-align: center;">Managing Risk</p> <ol style="list-style-type: none"> 1. Myths and misconceptions about drugs 2. Binge drinking 3. Addictions – alcohol, drugs, sex 4. Gambling addiction 5. Gangs and county lines 6. Violence and knife crime 7. Tattoos and piercings 	<p style="text-align: center;">World of Work</p> <ol style="list-style-type: none"> 1. Morrisby Careers 2. Choosing the right job for me 3. Skills and qualifications to gain jobs 3. New/Emerging industries 4. CV Writing 5. Interview skills 6. Mock interviews 7. Workers rights/Trade Unions

Y e a r 1 1	<p style="text-align: center;">Personal Safety</p> <ol style="list-style-type: none"> 1. The internet and the dark web 2. Cybercrime and online Fraud 3. Gambling and online Gaming 4. Perseverance and Procrastination 5. Getting enough sleep 6. Personal Safety - wider world 	<p style="text-align: center;">Future Choices</p> <ol style="list-style-type: none"> 1.1. Morrisby – Employability Skills 2. A-Levels, T-Levels, Apprenticeships 3. Personal Statements College Applications 2. College Life 3. Online footprint 4. How to revise for your exams 5. Revision techniques 6. Supported revision 	<p>Drop down days</p> <ul style="list-style-type: none"> ● First aid ● Enterprise and Careers days/Options/College talks ● Work Experience? ● MVP?
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