

KS5 PSHE PLAN 2023 2024

	<u>Week</u>	<u>Date</u>	<u>Year 12</u>	<u>Year 13</u>	
SEX AND RELATIONSHIPS	A	4/9			
	B	11/9			
	A	18/9	Consent and Rape	Managing Risk	
	B	25/9			
	A	2/10	Sexual Health	Staying safe in relationships	
	B	9/10	Road safety talks	Road safety talks	
	A	16/10	Recreational Drugs	Drinking and Sex	
	B	23/10			
	Half Term				
	A	6/11	Staying safe – domestic violence, forced marriage and honour-based violence.	Pregnancy, Abortion and Miscarriage	
	B	13/11			
	A	20/11	Study Skills	Study Skills	
	B	27/11			
	A	4/12	Study Skills	Study Skills	
	B	11/12			
A	18/12	Internet safety	London trip		
Christmas					
HEALTH AND WELL BEING	B	8/1			
	A	15/1	Body check – lumps, bumps and sexual screening.	British values – law, respect, tolerance.	
	B	22/1			
	A	29/1	Mental Health	Being active – exercise and lifestyle, diet, sleep, use of technology.	
	B	5/2			
	Half Term				
	A	19/2	First Aid (practical)	Mental Health – coping with exams.	
	B	26/2			
	A	4/3	Drink Awareness/Substance Abuse	Trafficking and exploitation	
	B	11/3			
A	18/3	Road Safety – not same talk!!!	Independent Living Skills		
Easter					
LIVING IN THE WORLD	B	8/4	Training Day		
	A	15/4	Careers*	Revision	
	B	22/4			
	A	29/4	Careers*	Revision	

	B	6/5	PDD Day	
	A	13/5	Careers*	
	B	20/5		
	Half term			
	A	3/6	Careers	
	B	10/6		
	A	17/6	Revision Techniques	
	B	24/6		
	A	1/7	Personal Statements	
	B	8/7		
	A	15/7		