



# Nether Stowe School

*Inspiring, Empowering and Achieving Together*

## BTEC Sport

Exam Board - Edexcel

### Course Summary

This course provides a specialist, applied programme of vocational study for those who have already decided the area they wish to pursue. It has been designed for students who have a real interest in the theoretical and practical aspects of anatomy and physiology, fitness training, careers to pursue within the sporting industry and practical application of fitness testing and its effectiveness. It will give you the opportunity to develop your knowledge and investigate a wide range of sport, exercise and coaching aspects.

### Modules

Unit 1 – Anatomy and Physiology

Unit 2 – Fitness Training and Programming for Health, Sport and Well-being

Unit 3 – Professional Development in the Sports Industry

Unit 5 – Application of Fitness Testing



### Career Opportunities

Successful completion of the BTEC National Extended Certificate is the equivalent to 1 A Level. BTEC

Nationals are valued by employers and higher education and a BTEC in Sport can lead on to; Sports Science, Sports Coaching, PE Teaching, Physiotherapy, Sports Management, and Analysis of Sport, amongst others. BTECs also provide students with qualifications and essential skills should they wish to transfer directly to employment.

**Complementing subjects;** Biology.

### Assessment

Unit 1 (90 minute exam out of 80 marks)

Unit 2 (150 minute task set in exam format out of 60 marks)

Unit 3 (internally assessed coursework)

Unit 5 (internally assessed coursework)

