



Nether Stowe School

The PSHEE Curriculum

Curriculum Intent

The aim of the PSHE curriculum is to provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals, and within the community.

The intent of our PSHE curriculum is to deliver a curriculum which is accessible to all and that will maximise the outcomes for every child so that they know more, remember more and understand more. As a result of this they will become healthy, independent and responsible members of a society who understand how they are developing personally and socially and give them confidence to tackle many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society.

Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. Pupils are provided with opportunities to reflect on, clarify their own values and attitudes, and explore the complex and conflicting range of values and attitudes encountered now and in the future.

Implementation

Pupils will learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

Each topic in the scheme incorporates activities to establish the starting point of learners and assess progress. The topics included are:

- Careers
- Drug, alcohol and tobacco education
- Financial capability and economic wellbeing
- Identity, society and equality
- Keeping safe and managing risk
- Mental health and emotional wellbeing
- Physical health and wellbeing
- Sex and relationship education



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These topics will be taught through carefully planned lessons taught in line with government guidance from the following frameworks:

- PSHE (Personal, Social, Health and Economic Education) which will allow school to react to the common themes, whilst addressing any regional issues that arise.
- The national curriculum for citizenship; this aims to ensure that all pupils, acquire a sound knowledge and understanding of how the United Kingdom is governed, its political system and how citizens participate actively in its democratic systems of government, develop a sound knowledge and understanding of the role of law and the justice system in our society and how laws are shaped and enforced. It encourages students to develop an interest in, and commitment to, participation in volunteering as well as other forms of responsible activity, that they will take with them into adulthood and that they are equipped with the skills to think critically and debate political questions, to enable them to manage their money on a day-to-day basis, and plan for future financial needs
- Gatsby Benchmarks; this is a government initiative which consists of 8 benchmarks. Each of these benchmarks must be met to ensure the needs of every student is met in terms of CEIAG. Much of the benchmarks are achieved through lessons, form time and dedicated days to careers providing opportunities to research the world of work and the opportunities available both locally and nationally.
- Sex and Relationship education which is now statutory; the aim is to ensure students embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy. Students can also put this knowledge into practice as they develop the capacity to make sound decisions when facing risks, challenges and complex contexts.

Impact

Everyone faces difficult situations in their lives and through the delivery of PSHE lessons students will be better equipped to make well informed realistic decisions about their actions and their future.

The PSHE curriculum is designed to help students build confidence and resilience, preparing them for their adult life by teaching them to understand how to engage with society as responsible, respectful and active citizens. Students will be able to recognise any online and offline risks to their well-being and know where they can access support if they need it. The PSHE curriculum is planned and sequenced, so new knowledge and skills build on what has been taught before and towards clearly defined end points.

The aim is for pupils to know the fundamental British Values of democracy, individual liberty, the rule of law and mutual respect and tolerance of those with different faiths and beliefs. Students will understand, appreciate and respect difference in the world and its people, including the things we share across cultural, religious, ethnic and socio-economic communities by engaging with views different to their own in considered ways.

Within the context of the schools' wider community in which the students live they will have an understanding and appreciation of their different backgrounds. This will enhance their mutual



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respect and support of each other; their awareness of different family circumstances and the need to empathise with individual situations. Impact will be identified through a sustained decrease in peer-on-peer abuse due to differences in socio economic backgrounds.

The aim is for each individual pupil (regardless of socio economic background) to have a curiosity for the possibilities within their local area and beyond that they can aspire to and achieve. Through PSHEE they, and their wider family will be supported and encouraged to develop the skills of resilience and self confidence to accomplish their aspirations by tackling pre existing barriers.