



Nether Stowe School

Headteacher: Glyn Langston-Jones

St Chad's Road
Lichfield, Staffordshire
WS13 7NB

Tel: 01543 263446 & 263487

Fax: 01543 414602

Dear Parent / Carer,

Safeguarding Bulletin July 2021

As we reach the end of another extraordinary academic year, I would like to take this opportunity to thank your child for the resilience and determination they have shown. The past 18 months have been challenging for us as adults. We know that it has been equally, if not more, challenging for young people, whose routines and structures have, at times, been completely removed.

We recognise that Covid-19 may have a longer-term impact for some, and our excellent support of students will continue when we return in September.

During the Summer break, encourage your child to maintain a routine to their day, as well as keeping in contact with friends and getting out for exercise at least three times per week.

The school website contains a wide range of contact details for organisations which offer support to young people and parents, some of which are available 24 hours a day, including mental health concerns, eating disorders and domestic abuse.

There is also information provided by Staffordshire Police and Staffordshire Safeguarding Board on some of the current risks young people may face. As opportunities for social gatherings reopen, one of those risks is inhaling Nitrous Oxide (sometimes referred to as "Nos"). The links below are to a video from a young woman talking about the impact of inhaling Nitrous Oxide and also to the website "Frank", which provides advice on substance abuse:

<https://www.youtube.com/watch?v=JTkKlewcArg>

<https://www.talktofrank.com/drug/nitrous-oxide>

You know your child best: keep open lines of communication; take an interest in what they are doing; be curious about friends with whom they spend time; check their online and social media activity.

The more informed you are about the ever-changing social media world, the better placed you will be to support your child and keep them safe.

The following list provides links to websites offering support to parents and young people:

- <http://www.thinkuknow.co.uk/>
- [Online Safety Guide for parents \(internet matters.org\)](#)
- [Parents' Guide to Instagram](#)
- [Parents' Guide to SnapChat](#)
- [Online Gaming an Introduction For Parents And Carers](#)
- [Set content restrictions on Windows 10 and Xbox One](#)
- [How to set parental controls and spending limits – Playstation](#)

Email: office@netherstowe.com **Website:** www.netherstowe.com **Twitter:** @netherstowe



NETHER STOWE
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Anti Bullying
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- www.breckfoundation.org – Foundation created on the death of a young man who was groomed by an online predator who killed the 14- year- old boy, web site created by the family. Useful web site for avid gamers identifies risks.
- <http://bestrongonline.antibullyingpro.com/> – Be Strong Online is a free peer-led programme to empower young people to promote positive on- line behaviour in their schools and communities.
- <http://www.childnet.com/> – Internet site offering internet safety guidance. Very good web site similar to CEOPS and Internet matters.

If you or your child need additional support over the Summer, our Social Worker in School, Jen Vickers will be based in school on the following dates:

Monday 2nd August 1:00 - 3:00pm

Friday 6th August 10:00 am - 1:00pm

Monday 16th August 10:00am - 1:00pm

Wednesday 17th August 10:00 - 12:00pm

Please contact Jen in advance to make an appointment (either via email: jen.vickers2@staffordshire.gov.uk or phone: 07971 533493).

For ongoing concerns, you should contact your GP. **If you believe that your child is at immediate risk of harm, contact the First Response Safeguarding team: 0800 1313 126 or call the Police.**

I wish you and your family a safe summer.

Yours sincerely,

D J Sullivan

Miss D J Sullivan
Senior Assistant Head
Behaviour, Welfare and Safeguarding

Email: office@netherstowe.com Website: www.netherstowe.com Twitter: @netherstowe



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