



# Nether Stowe School

**Headteacher: Glyn Langston-Jones**

St Chad's Road  
Lichfield, Staffordshire  
WS13 7NB  
**Tel:** 01543 263446 & 263487  
**Fax:** 01543 414602

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29<sup>th</sup> January 2021

## PSHEE Day 3 – Monday 1<sup>st</sup> February

Dear Parent / Carer,

As you will be aware, delivery of our PSHEE programme (Personal, Social, Health & Economic Education) is usually through “drop down” days throughout the academic year.

Our next PSHEE day is on Monday 1<sup>st</sup> February and the lessons will be delivered via our Remote Learning platform.

Your child will not need to follow their usual timetable for Monday and will be provided with links to the 5 lessons for their year group. At the end of each lesson there will be a Microsoft Forms assessment to submit.

As the nature of some of the topics covered on these days can be of a sensitive nature, your child will be given the opportunity at the end of each assessment to request support if they have been affected by the content of the lesson.

If your child, raises any concerns with you about the content of the PSHEE lessons, please contact our PSHEE Co-ordinator, Miss Delaney ([cdelaney@netherstowe.com](mailto:cdelaney@netherstowe.com))

If you have any concerns about your child from a well-being perspective, here is a reminder of organisations who can offer support and guidance:

- Young Minds is a national charity providing resources and advice for young people.  
<https://youngminds.org.uk/> If you need urgent help text **YM to 85258**.
- MindEd for Families - information on a range of mental health problems  
<https://mindedforfamilies.org.uk/>
- Bereavement services - Winston's Wish helpline 08088 020 021, online chat Tues afternoon, Friday mornings <https://www.winstonswish.org/online-chat/>
- Child Bereavement UK helpline 0800 02 888 40.

For ongoing concerns, you should also contact your GP.

**If you believe that your child is at immediate risk of harm, contact the First Response Safeguarding team: 0800 1313 126 or call the Police.**

Yours sincerely

*D J Sullivan*

Miss D J Sullivan  
Senior Assistant Head

Email: [office@netherstowe.com](mailto:office@netherstowe.com) Website: [www.netherstowe.com](http://www.netherstowe.com) Twitter: @netherstowe



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