

DofE session overview 2019-20

| Date | Topic | Staff | Items required |
|-----------------|--|--------------|-----------------------------|
| 25/09/19 | Check form return and sort programmes, intro eDofE | AR | |
| 02/10/19 | Walking intro – map reading: grid references and orientation | LF | |
| 09/10/19 | Map reading: contour lines, symbols, etc | WA | |
| 16/10/19 | First aid – ABC, small cuts, emergency shelters | CR | Trousers/PE kit (no skirts) |
| 23/10/19 | First aid –Severe bleeds, burns, seizures | AR | Trousers/PE kit (no skirts) |
| 30/10/19 | Half term | | |
| 06/11/19 | First aid – Neck, pelvis, head injuries, broken bones | LF | Trousers/PE kit (no skirts) |
| 13/11/19 | First aid – medical conditions, hypothermia, heat stroke | CR | Trousers/PE kit (no skirts) |
| 20/11/19 | First aid - assessment | ALL | Trousers/PE kit (no skirts) |
| 27/11/19 | Equipment – personal/group, eDofE | WA | eDofE login & evidence |
| 04/12/19 | Expedition menu and emergency rations | AR | |
| 11/12/19 | Cooking | LF | |
| 18/12/19 | DofE Christmas party | ALL | Party food & Xmas jumper |
| 25/12/19 | Christmas break | | |
| 01/01/20 | Christmas break | | |
| 08/01/20 | Pitching tents, Navigation, bearings, pacing | WA | Food to cook |
| 15/01/20 | Intro to route cards & expedition aims | CR | |
| 22/01/20 | Route cards for day walk 26 th Jan | AR | |
| 29/01/20 | Rucksack packing & eDofE | WA | eDofE login & evidence |
| 05/02/20 | Country code and field craft | LF | |
| 12/02/20 | Teams game night | CR | Full change of clothes |
| 19/02/20 | Half term | | |
| 26/02/20 | Route cards exp 1 | AR | |
| 04/03/20 | Route cards exp 1 & menu | LF | |
| 11/03/20 | Route cards exp 2 | CR | |
| 18/03/20 | Route cards exp 2 & menu, eDofE | WA | eDofE login & evidence |
| 25/03/20 | Equipment sign out | ALL | Big bag for equipment |
| 01/04/20 | First aid recap | AR | Trousers/PE kit (no skirts) |
| 08/04/20 | Easter break | | |
| 15/04/20 | Easter break | | |
| 22/04/20 | Pre-expedition checks & games | LF | |
| 29/04/20 | Post expedition review | WA | |
| 06/05/20 | Route cards exp 3 | CR | |
| 13/05/20 | Route cards exp 3 & menu, eDofE | AR | eDofE login & evidence |
| 20/05/20 | Post expedition review | LF | |
| 27/05/20 | Half term | | |
| 03/06/20 | Pre-expedition checks & games | CR | |
| 10/06/20 | Equipment check and return | ALL | All equipment returned |
| 17/06/20 | Expedition presentations & eDofE | WA | eDofE login & evidence |
| 24/06/20 | Expedition presentations & eDofE | AR/LF | eDofE login & evidence |
| 01/07/20 | Expedition presentations & eDofE | CR/WA | eDofE login & evidence |
| 08/07/20 | DofE end of year party | ALL | Party food |
| 15/07/20 | Enrichment | | |