



Nether Stowe School

Headteacher: Glyn Langston-Jones

St Chad's Road
Lichfield, Staffordshire
WS13 7NB

Tel: 01543 263446 & 263487

Fax: 01543 414602

8th January, 2020

Dear Parent/Guardian,

Thursday 6th February 2020 PSHE Day 3– Bikeability Level 3 for Year 8

On the next PSHE day on Thursday 6th February 2020, your child will have the opportunity to take part in the Bikeability Level 3 training which will be delivered by Staffordshire County Council. This session will be for students in 8S, 8T and some students in 8O, the rest of the cohort from 8W, 8E and the remaining pupils of 8O will do their Bikeability during the PSHE day in March. The session is based around the students becoming qualified in Level 3 Bikeability (*which often builds on the Levels 1 and 2 completed at Primary school*) and will consist of different sessions. The team involved can cater to all ability levels, including those who cannot ride. They will be working in small groups of 3-5 and will go out on the roads and cycle paths around Lichfield in order to gain their level 3.

For the sessions all equipment, including bikes and helmets, can be provided by the council if pupils are unable to bring them to school themselves, however the council encourage students to bring their own bikes in. Students will need to ensure they are wearing suitable clothing for the weather on the day, including a waterproof coat if raining, as they will be outdoors for the whole session. Students will be taking part either in the morning or afternoon so will need to come to school dressed in their uniform with their change of clothes and shoes in a separate bag.

Your child will be bringing home a permission slip like the one attached, can you ensure that all sections are completed and this is returned to the child's form tutor no later than **Thursday 16th January**. The Bikeability session is compulsory and the expectation is that all students will take part, as it forms part of the students PSHE programme that they undertake throughout the course of the school year. If your child has a medical condition, which will prevent them from taking part, can you ensure a doctor's note and letter from yourself is returned to the form tutor in place of the permission slip.

If you have any questions please get in touch,

Miss A Rose arose@netherstowe.com
(Head of PSHE & Citizenship)

Email: office@netherstowe.com Website: www.netherstowe.com Twitter: @netherstowe



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